



**Workshop on estimating  
burden of disease metrics**

Experiences from the German  
Burden of Disease Study

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How do governments, professionals or the public decide which diseases or health risks are most important? ⇒ prioritization



Source: adapted from European Burden of Disease Network (burden-EU)

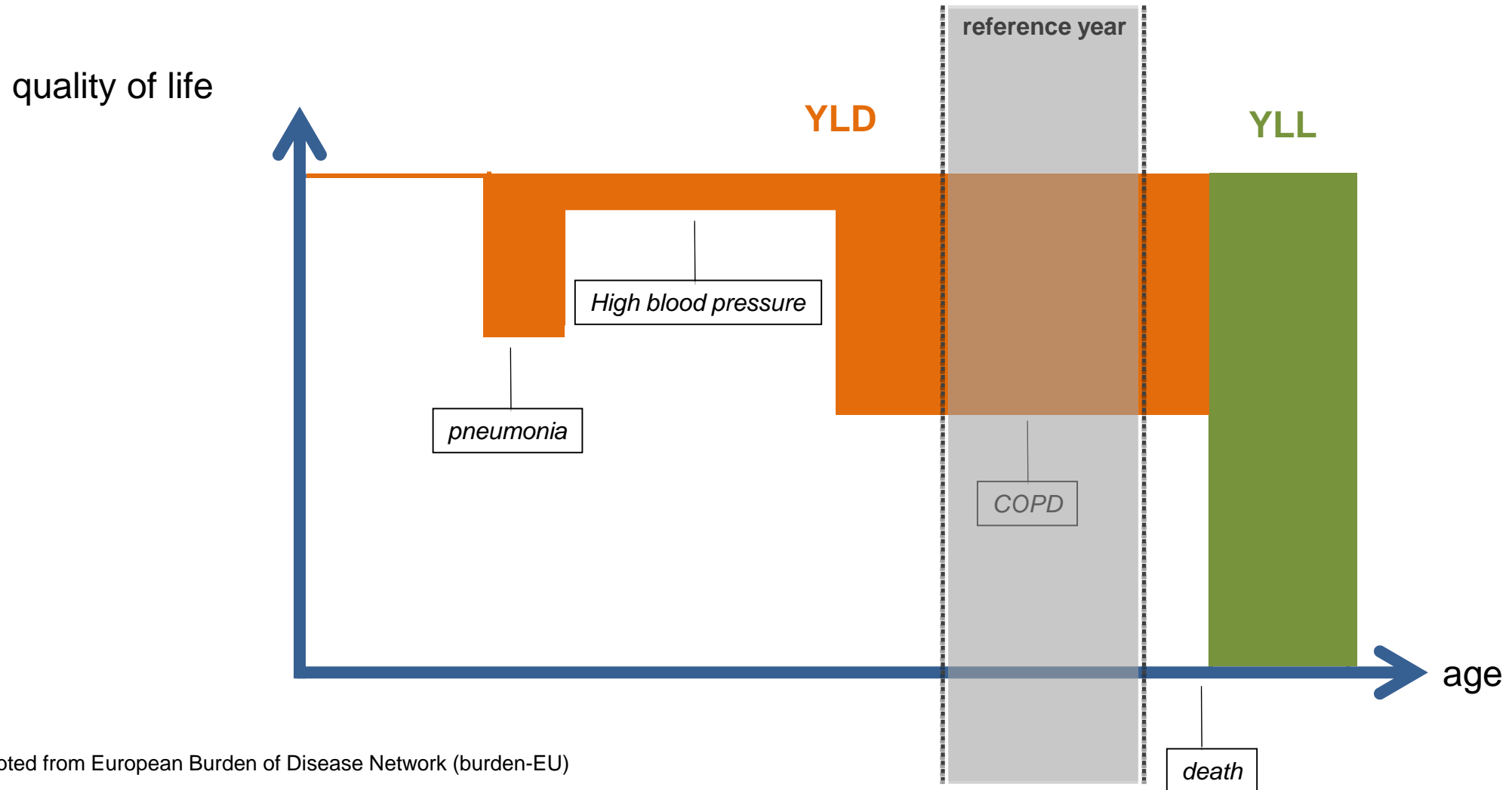
**BURDEN OF DISEASE**

**MORBIDITY:** prevalence / incidence

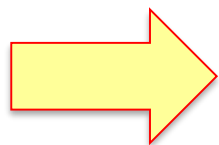
severities, sequelae, duration, quality of life

**MORTALITY:** deaths

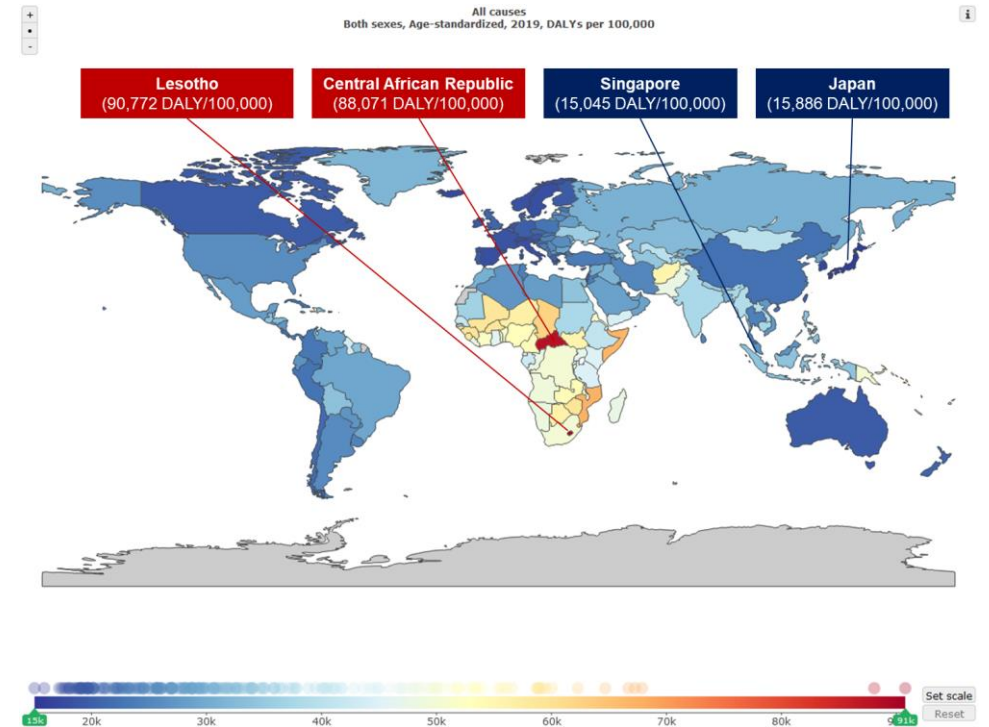
age at death, remaining life expectancy



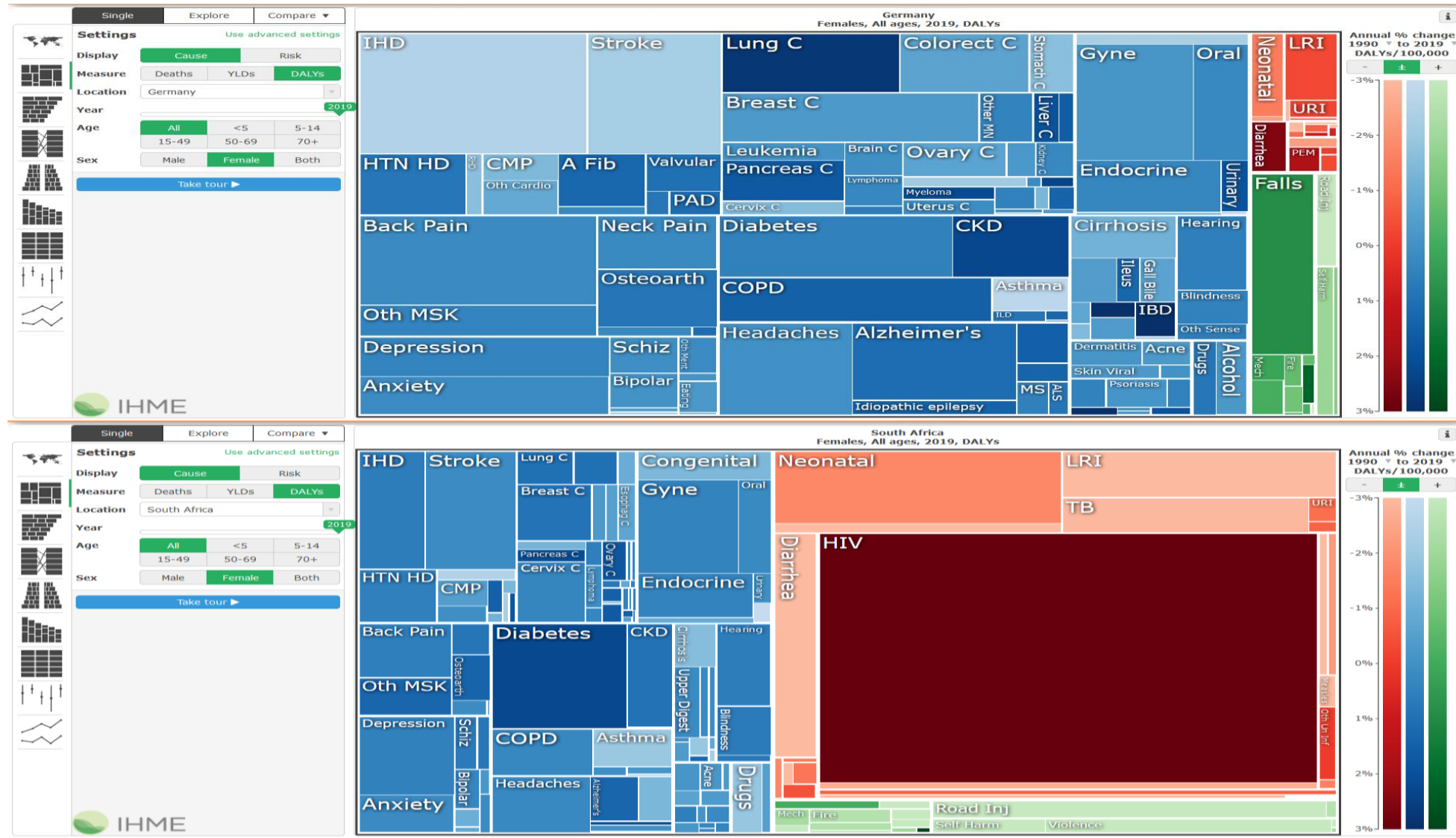
Source: adapted from European Burden of Disease Network (burden-EU)



Disease and death can be compared on the basis of a uniform measure: years of life lost



Source: European Burden of Disease Network (burden-EU)





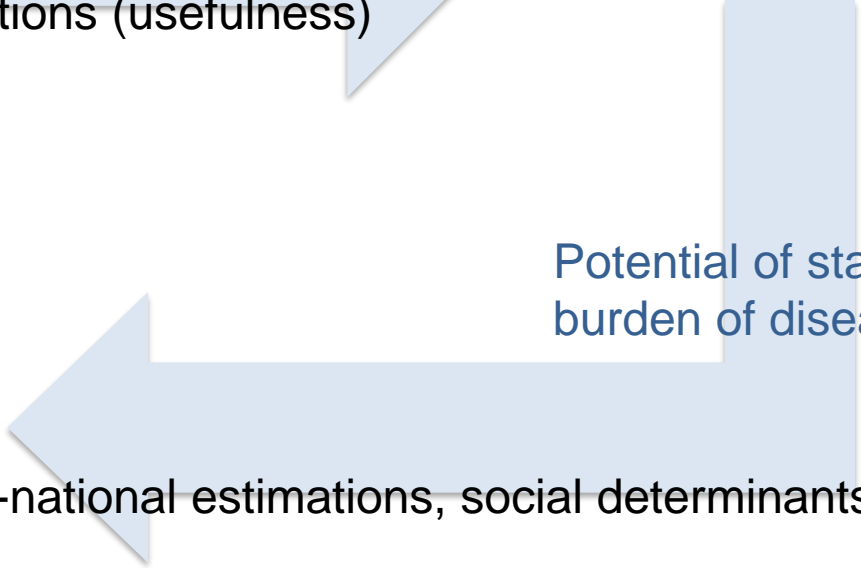
## GBD Study

- Data (completeness)
- Methods (transparency)
- Lack of sub-national estimations (usefulness)



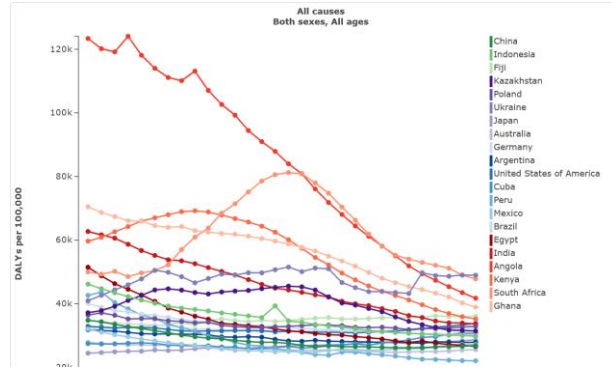
Low acceptance at the national level

- Improved data quality
- Transparency of calculations
- Specific extensions (e.g. sub-national estimations, social determinants)
- More reliable information base for policy makers



Potential of stand-alone burden of disease studies

# Comparisons

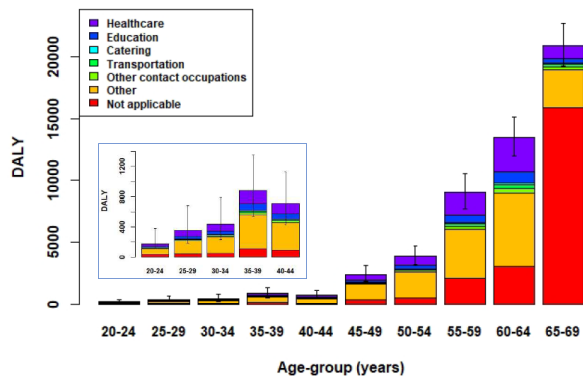
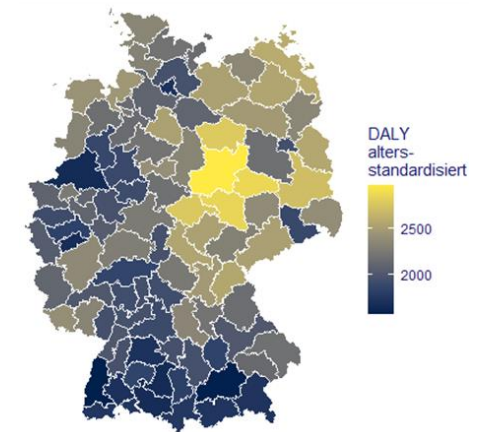


## Time trends

How has the burden of diabetes developed over the last 10 years? Have our programs had an impact?

## Subnational differences

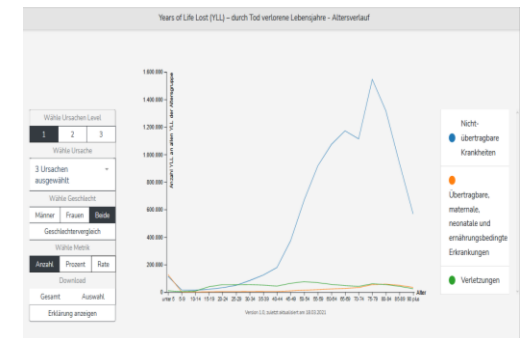
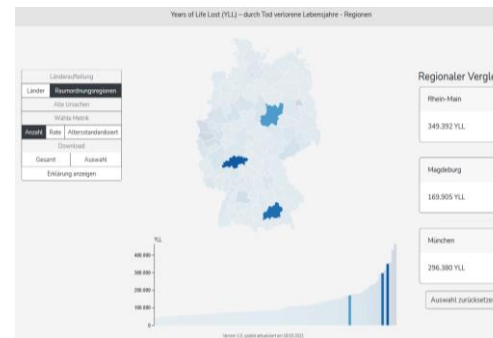
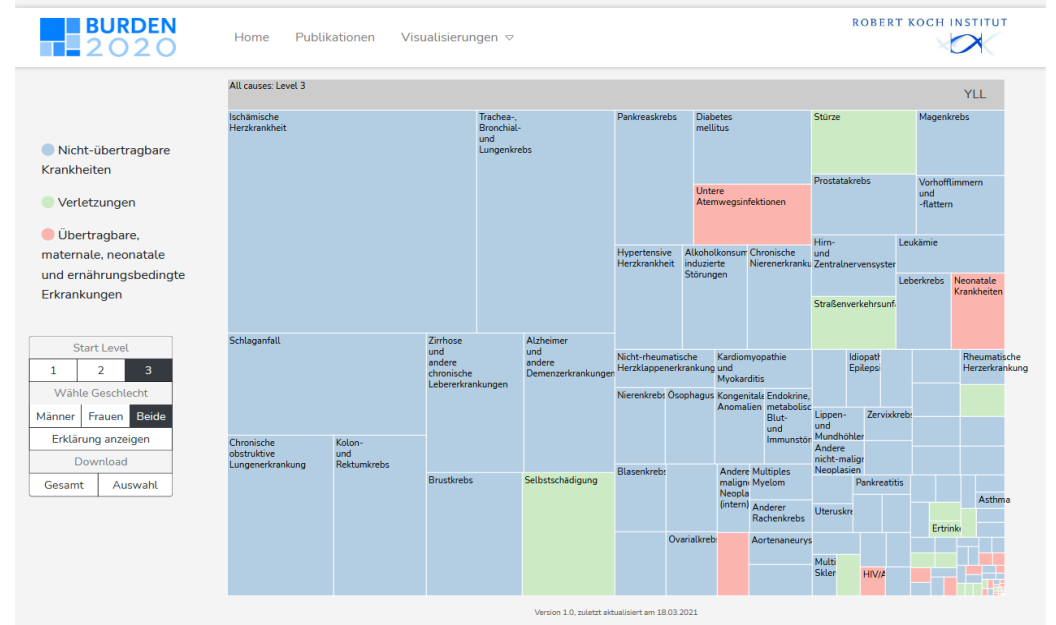
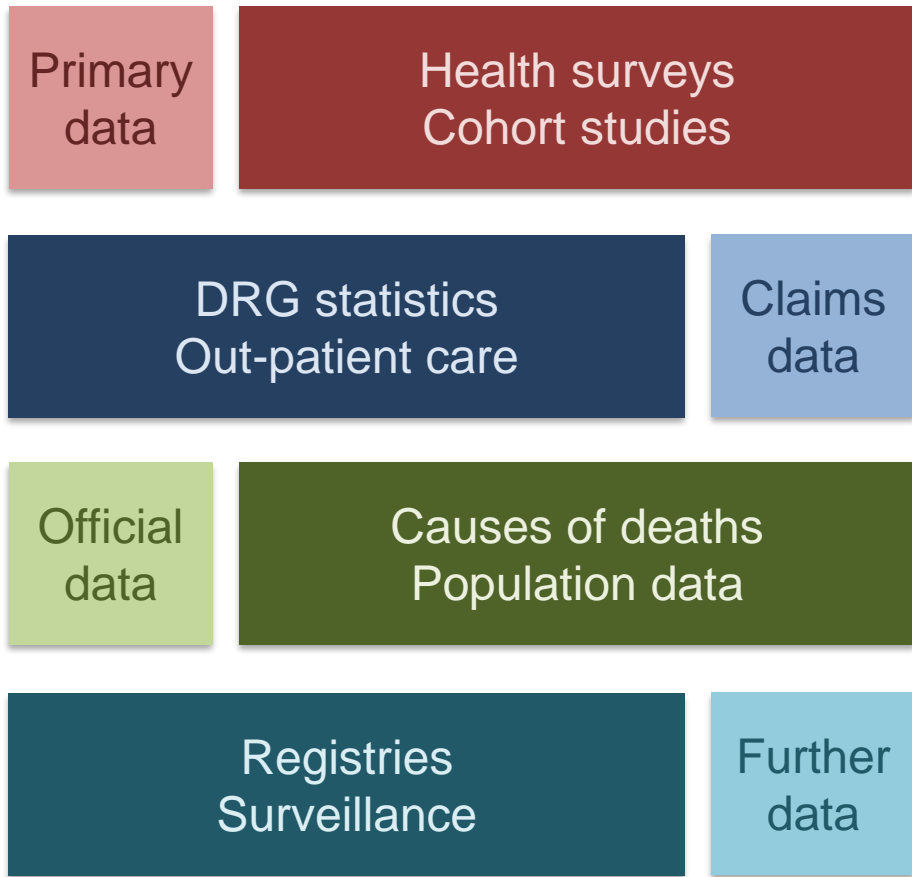
Does the disease burden of diabetes vary across the country? In which regions do we need to intervene?



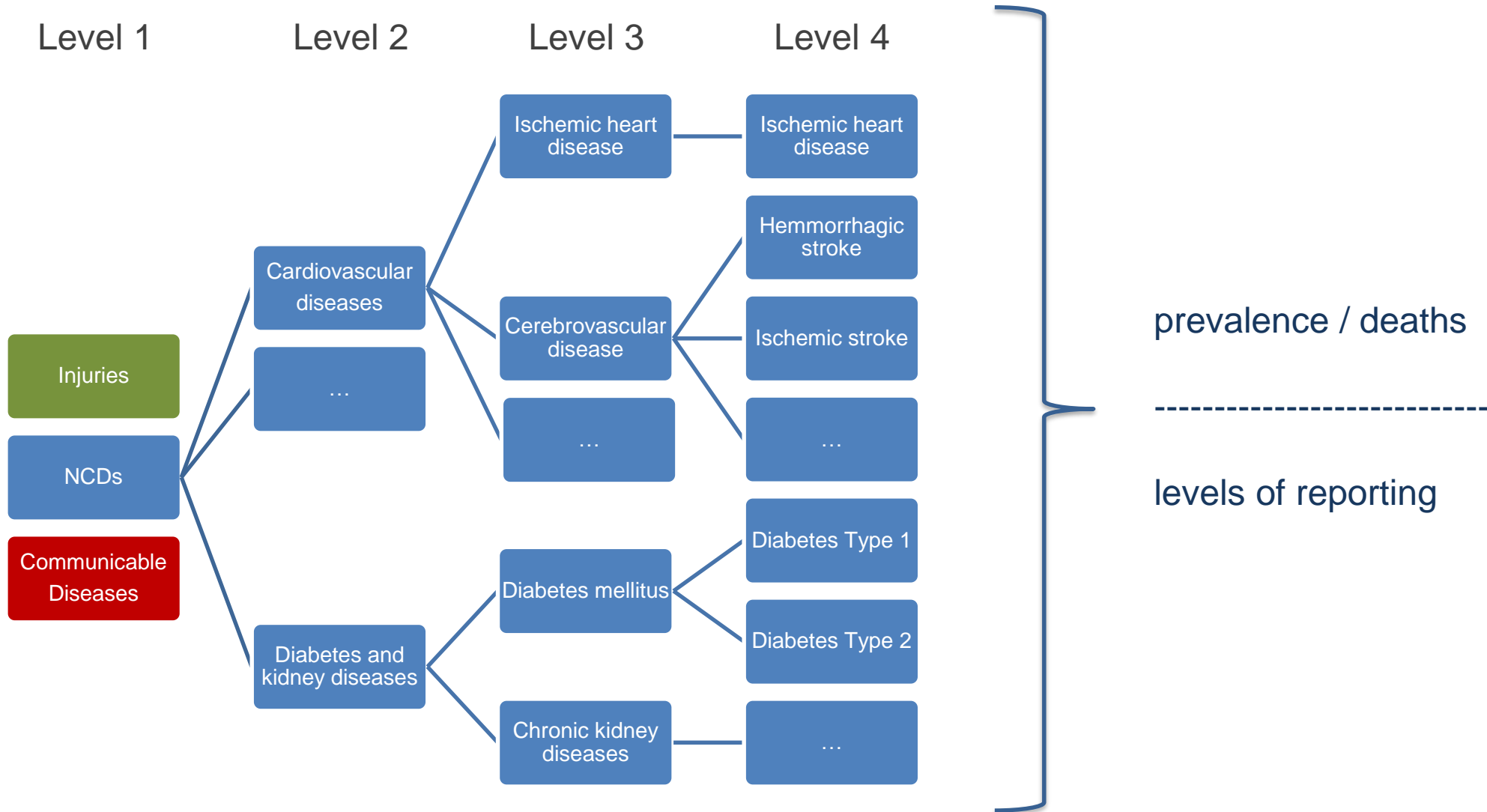
## Social determinants

Which occupational, educational, ethnic groups, etc. account for most of the burden of diabetes?





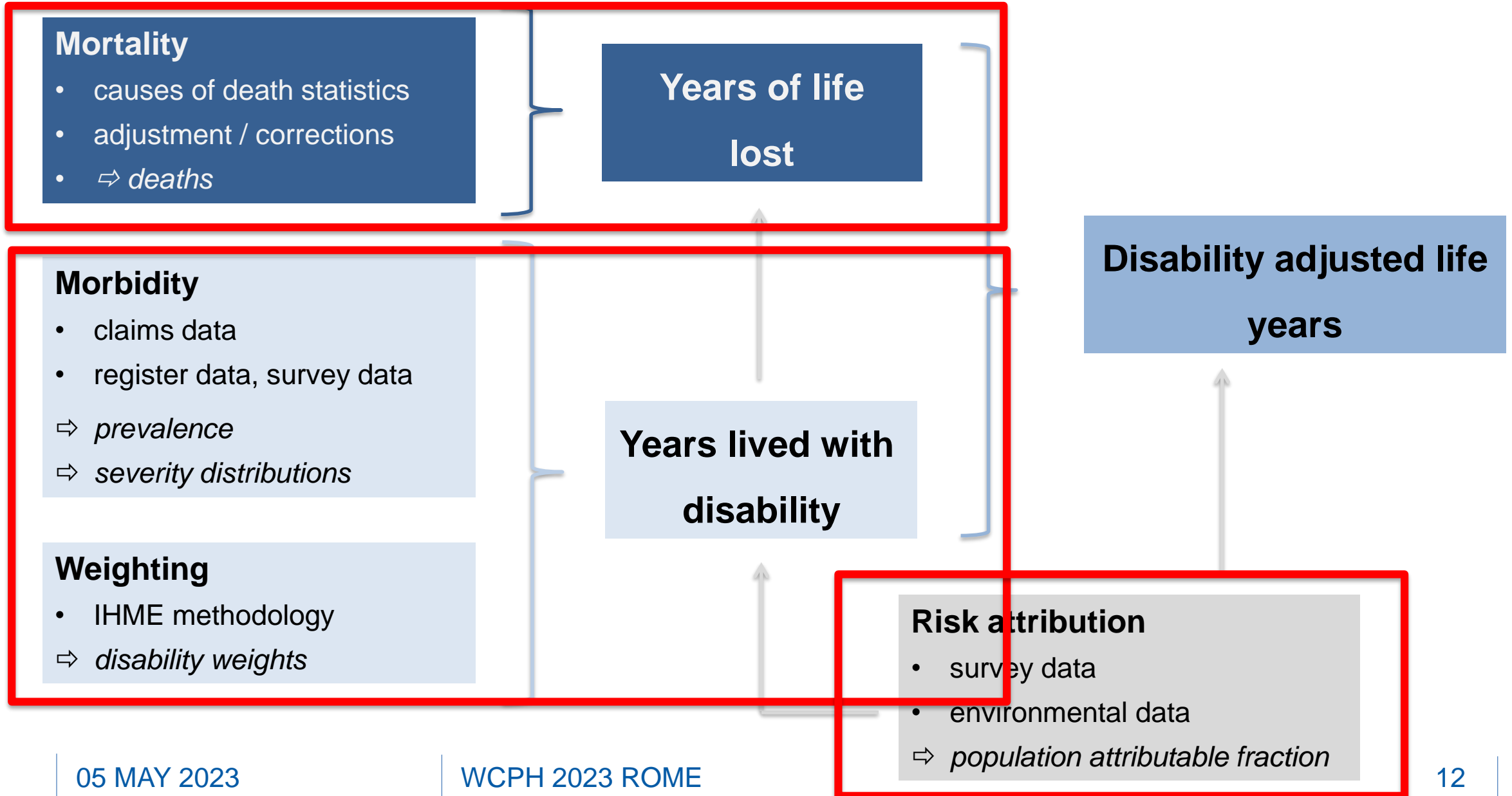
# Levels of reporting





	Severity grade	Case definition	Disability weight
<b>Diabetes mellitus</b>	Uncomplicated	Absence of sequelae	0.133
	Neuropathy	Diabetes with neurological complications (ICD .4-Codes); diabetic mononeuropathy (G59.0) and diabetic polyneuropathy (G63.2)	a
	Diabetic foot	Diabetic foot syndrome (ICD .74 and .75-Codes) and treatment (outpatient sector) of diabetic foot (EBM-number 02311)	a
	Amputation (with treatment)	Amputation and disarticulation of the lower extremities (OPS 5-864.3 – 5-864.y) and revision of an amputation area (OPS 5-866.3, 5-866.4); must: combination with a Diabetes-Code	a
	Amputation (without treatment)	not relevant for Germany	-
	Moderate vision impairment	Diabetic retinopathy (H36.0) + at minimum one eye with moderate vision impairment (H54.2; H54.6)	0.031
	Severe vision impairment	Diabetic retinopathy (H36.0) + at minimum one eye with severe vision impairment (H54.1; H54.5)	0.184
	Blindness	Diabetic retinopathy (H36.0) + blindness of both eyes (H54.0, H54.4)	0.187

\* EBM and OPS are codes that are specific to German claims data  
a - Combined weight according to multiplicative formula





DANKE  
GRAZIE  
MERCÍ GRACIAS  
THANKS

